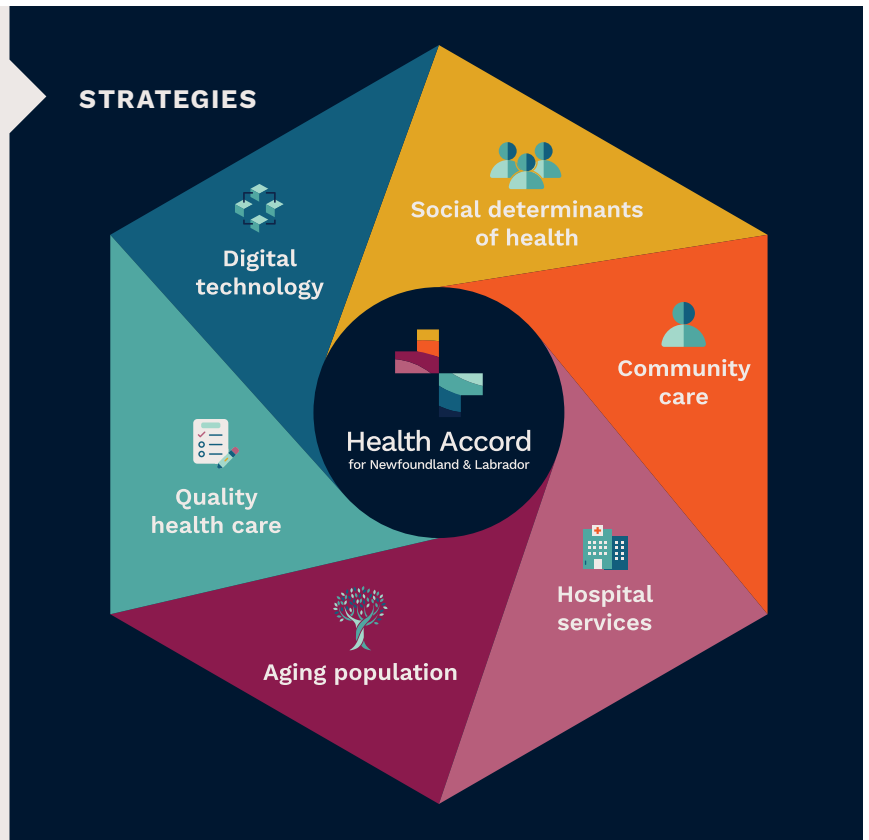


The Background and Approach to Health Accord NL

FACTS

- | | |
|--|---|
| <p>1 Worst life expectancy, highest death rates for cancer, cardiac disease and stroke, and highest rate of chronic disease in Canada</p> | <p>2 Since 1981, only 6% increase in social spending but 232% increase in health spending</p> |
| <p>3 Worst health system performance across all Canadian provinces</p> | <p>4 Highest per capita spending on health care in Canada.
NL provides the worst value for spending in health care</p> |
| <p>5 Population shift to a low percentage of children, a high percentage of seniors, with a drop in rural populations</p> | <p>6 50-year-old institution-based system with an imbalance between community-based services and hospital services</p> |

STRATEGIES



Six Health Myths in Newfoundland and Labrador

Myth: We are the healthiest people in Canada

Myth: Health spending is more important than social spending

Myth: We need a doctor in every community and a full-service hospital in every region

Myth: Care for seniors is well resourced

Myth: Many tests and a drug for every ailment mean better care

Myth: Digital solutions are not very helpful in patient care

Agenda for Health Accord NL

1. Increase awareness of and interventions in the social factors that influence health (social determinants of health)
2. Balance community-based (primary health care, allied health care, elder care, social care) and institution-based services
 - ◇ Public engagement is a priority in shaping the agenda
 - ◇ Six strategies are intended to implement that agenda (see figure above)

Guiding Beliefs

We believe that social, economic, and environmental factors, together with personal characteristics (biology, genetics, gender and personal behaviours) and health systems, help determine health outcomes for individuals and communities.

We believe that, only by attending to all these factors together, will we find the culture change needed to ensure better health outcomes, while helping people become and stay healthy, find well-being and thrive economically.

We believe that people and communities will decide how best to address these factors in ways that reflect their values, their perspectives, and their preferences — therefore, public engagement is key in bringing about healthy culture change.

We believe that partnerships across all sectors are essential in transforming health outcomes and coming closer to health equity in this province over the next 10 years.

We believe that digital technology and funding consistent with our priorities are important resources in reorienting and rebalancing our health system.

Guiding Principles

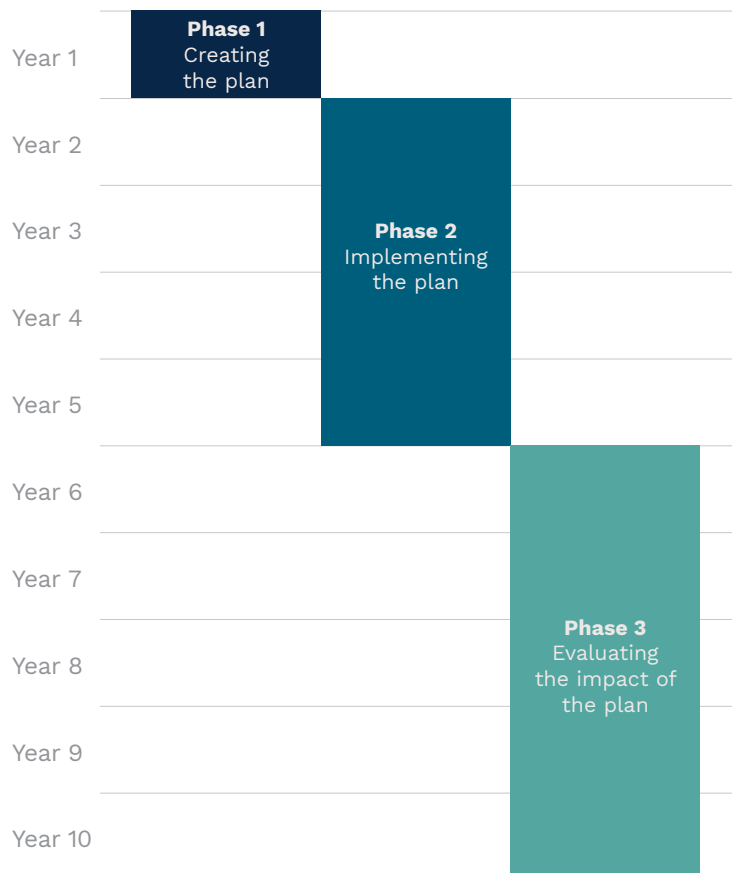
The Task Force and the six strategy committees will be visionary yet pragmatic, working within the fiscal envelope provided by the provincial government. We will develop a 10-year Health Accord for Newfoundland and Labrador using the following guiding principles:

1. Focus on **HEALTH OUTCOMES**
2. Lead with **INTEGRITY**
3. Insist upon **EQUALITY & INCLUSIVITY**
4. Listen **RESPECTFULLY & COLLABORATIVELY**
5. Engage **HOLISTICALLY** & integrate **ACROSS SECTORS**
6. Uphold **ACCOUNTABILITY & TRANSPARENCY**

Engagement Framework



Timeline



Learn more about Health Accord NL at www.healthaccordnl.ca.